**Article Title (Book Antiqua Font; Size 14; Bold; Centred)**

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**All Author Details:(10.5 pt. Normal), (no titles)**

**Abstract**

All text in the abstract should be single spaced (1.0 line spacing), justified, and in size-10.5, Book Antiqua font. Abstracts for research articles must be concise, limited to a maximum of 200 words. It is crucial that the abstract provides a clear and relevant summary of the research. Authors are advised to use a structured format for abstracts, **including the following elements without explicit headings**:

* **Background:** Set the central question within a broader context and highlight the research’s objective.
* **Methods:** Offer a brief overview of the main methods or approaches used.
* **Results:** Summarise the primary findings of the study.
* **Conclusions:** State the main conclusions or interpretations derived from the research.

The abstract should be an unbiased representation of the article, ensuring it does not include any findings not substantiated within the main content and does not exaggerate the conclusions.

**Keywords:** Incorporate a maximum of 5 keywords after the abstract (in English, alphabetically, lower case), ensuring each keyword is followed by a comma (E.g. Commercialisation, Rurality). Use Font Size 10.5; Book Antiqua font. The keywords must be specific to the article, but generally common in the subject matter.

**Introduction (First Heading must be size-12 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. In this section, authors should clarify the specific issue being studied, its relation to existing literature, its unique aspects, and its expected contribution to the field. Arguments or discussions must be based on evidence from a thorough literature review. Clearly articulate the research’s intended purpose or necessity, supported by previous scholarly findings. Conclude the Introduction by explicitly stating the research objectives as questions or hypotheses. Use sub-headings if needed.

**Problem Statement (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. The problem statement clearly and concisely identifies a specific issue or gap in current knowledge that the research project aims to address. It articulates the problem’s significance within the broader field and provides a rationale for why resolving this issue is crucial. The problem statement typically sets the stage for the research objectives and questions to follow.

**Research Questions (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Depending on your preference, research questions, hypotheses, and objectives serve as the guiding pillars of a study.

**Materials and Methods/Methodology (First Heading must be size-12 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. The “Materials and Methods” section should provide comprehensive details to enable peers to reproduce and build upon the presented results. It is essential to understand that publishing your manuscript requires sharing all associated materials, data, computer code, and protocols with the readership. If there are any constraints on material or information accessibility, please disclose these at the manuscript submission phase. While new methods and protocols require detailed descriptions, established methods can be presented succinctly and referenced appropriately. For studies requiring ethical clearance, authors must indicate the approving entity and provide the associated ethical approval code. Use sub-headings if necessary.

**Research Paradigm (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Clearly delineate the chosen research paradigm and articulate the rationale for its selection. Contextualise the research paradigm with references to relevant scholarly literature and provide a comprehensive description.

**Research Design (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Clearly outline the selected research design and provide the rationale for its choice. Contextualise the research design with appropriate scholarly references and provide a thorough explanation.

**Population and Sample/Study Group/Participants (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. For quantitative studies, provide comprehensive details concerning the study’s population, the chosen sample, and the sampling technique employed. Clearly outline the essential attributes of the sample.

**Data Collection Tools/Instruments (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Explain how, when, and under what conditions the data collection instruments were used.

**Data Analysis (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. For quantitative research, detail the analysis procedures, statistical techniques used, and their suitability for each research question or hypothesis. For qualitative studies, provide an exhaustive discussion of the data analysis procedures implemented.

**Ethical Consideration (Second Heading must be size-11 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Discuss the ethical considerations and procedures followed during the research. Specify any approving bodies involved and provide the protocol number if available.

**Presentation of Results (First Heading must be size-12 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Articulate the results derived from the data analyses in alignment with the study’s objectives. Use tables and figures as necessary to visually represent the analysis outcomes. Focus primarily on presenting the results, though discussions on the findings may be included if a separate section is not allocated. Use sub-headings corresponding to the study’s sub-objectives for clarity. Ensure that sub-headings are left-aligned, italicised, and capitalise the initial letter of each word.

**Figures and Tables**

Authors should ensure to **use tables and figures sparingly** and not duplicate information presented in the text. All **Figures** must have a concise explanatory title or legend. Figure captions should be in bold and placed below the figures. If using previously published material, include the source as a reference citation at the end of the figure caption or table title. Begin figure captions with the word “Figure” in bold, followed by the figure number and punctuation in bold. Insert figures in the main text near the first citation and number them sequentially (Figure 1, Figure 2, etc.). Authors should ensure figures and colour schemes have sufficient resolution (at least 1000 pixels wide/high or a resolution of 300 dpi or higher), but avoid submitting graphics that are disproportionately large for the content.



**Figure 1: Map of Africa (this in an example of a figure format**

**Tables**

All tables must have a concise explanatory title (caption) in bold, positioned above the tables. The Table’s captions and content should be Book Antiqua font size-9. If using previously published material, include the source as a reference citation at the end of the table caption. Tables should be placed in the main text near their first mention and numbered sequentially (Table 1, etc.).

**Table 1: This is an example of table format**

|  |  |  |
| --- | --- | --- |
| Time (min) | Result (MTE‧g-1 DW)  |  |
| 10 | 19.41 ± 0.11 | 10 |
| 20 | 41.09 ± 0.71 | 20 |
| 30 | 43.83 ± 0.93 | 30 |
| 10 | 19.41 ± 0.11 | 10 |

All figures, diagrams, and tables must have a brief explanatory title or legend. Authors are encouraged to prepare figures and colour schemes with sufficient resolution (minimum 1000 pixels wide/high or a resolution of 300 dpi or higher), but avoid submitting graphics that are disproportionately large for the content.

Before editing tables, consider the following requirements:

* Tables should be centred and occupy the full width of the page without exceeding the width of an A4 page in portrait orientation.
* For larger tables, smaller fonts may be used but not less than size-9 font. Use the Table option in Microsoft Word to create tables.
* All table columns should have brief explanatory headers in bold, including units of measurement where appropriate.
* Only horizontal lines should be used.
* If a table continues onto the next page, indicate this at the top of the following page and include the table headers (but try as much to avoid this).

**Formatting Pictures**

Authors should ensure that pictures in the article retain their quality when enlarging them.

**Discussion of Findings (First Heading must be size-12 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. Provide an in-depth analysis of the study’s findings. Begin by revisiting the research question or hypothesis and offering a concise summary of the corresponding findings. Contextualise these results with prior research. If your study yields findings that diverge from existing literature, thoroughly outline potential reasons for these discrepancies. Interpret the findings holistically, considering all potential influencing factors. Acknowledge possible sources of error and maintain an open tone for interpretation. Structure the discussion to mirror the sequence of the study’s objectives/questions/hypotheses. Conclude by reiterating the study’s primary results and delineating the implications based on the findings.

**Conclusions and Recommendations (First Heading must be size-12 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. This section ssynthesises the study’s main findings and suggests future actions or further inquiries. Begin by offering a concise recap of the key findings in relation to the research questions or objectives. Highlight the importance of these findings within the broader field or specific problem addressed. Compare and contrast your results with prior literature, noting any significant divergences or consistencies. Suggest areas for further research and provide recommendations for real-world applications or policy changes. Identify any limitations encountered and recommend ways future studies might overcome them. Ensure conclusions are firmly rooted in the evidence presented.

**Declarations (First Heading must be size-12 font in Book Antiqua)**

**Author Contributions:** Indicate if “All authors have read and approved the published final version of the article.”

**Funding:** Include one of the following applicable statements: “This research did not receive any external funding.” or “This research was sponsored by [NAME OF FUNDER], under grant number [XXX].” Additionally, state: “The Article Processing Charge (APC) was covered by [XXX] if required.”

**Acknowledgements (Optional):** Authors must acknowledge the contribution of those who do not meet the criteria for authorship but contributed to the manuscript. Recognise any assistance not addressed in the author contribution or funding segments. This includes administrative and technical aid, as well as in-kind contributions, such as materials provided for experiments.

**Conflicts of Interest:** Any involvement of the funders or sponsors in the study’s design, data collection, analysis, or interpretation, manuscript writing, or decision to publish the results must be disclosed in this section. If there is no role, please state “The author(s) declare no conflict of interest.” Recognise and detail any personal affiliations or circumstances that might influence the depiction or understanding of the research findings.

**References (First Heading must be size-12 font in Book Antiqua)**

All text should follow this format: 1.0-line spacing, justified alignment, size-10.5 font in Book Antiqua. References should be in APA 7th edition and organised alphabetically.